

COLLEGE: **Sinclair Community College-MVTP Consortium**

CLUSTER: **Health Science**



HIGH SCHOOL(S): **Centerville High School, Miami Valley Career**

PATHWAY: **Exercise Science/Sports&Rec.Health C**



Technology Center, Miamisburg High School,

PROGRAM: **Exercise Science Option - Associate Degree**

Warren County CCC.-Franklin High School

2009-2010

94-98 SCC Credit Hours

ADULT LEARNER ENTRY POINTS

GRADE	ENGLISH	MATH	SCIENCE	SOCIAL STUDIES	REQUIRED COURSES					
					RECOMMENDED ELECTIVE COURSES	OTHER ELECTIVE COURSES	CAREER AND TECHNICAL EDUCATION COURSES			
SECONDARY	9	English I (1)	Integrated Algebra & Geometry or Algebra I (1)	Physical Science (1)	Social Studies (1)	Health (.5) P E (.5)	Career Exploration integrated with English 9	Elective (1)		
	10	English II (1)	Geometry (1)	Biology (1)	American History (1)	P E (.5) Elective(.5)	■Technology Word & Excel (.5) Art (.5)			
	11	English III (1)	Algebra II (1)	Chemistry (1)	American Government (.5) Social Studies Elective (.5)	College Tech Prep Exercise Science Technology (1)	College Tech Prep Exercise Science Technology (1)	Elective (1)		
	In 11th grade, assess for college readiness by administering the "ACCUPLACER TEST" (Reading, Math and Writing)									
	12	English IV (1)	Pre College Math (1)	■Human Biology- Anatomy (1)	Elective (1)	College Tech Prep Exercise Science Technology (1)	College Tech Prep Exercise Science Technology (1)	Elective (1)		
Mandatory College Placement Assessment (Reading, Math and Writing) and Sinclair Academic Advising # + Passage of the State O.G.T. Requirement										
POSTSECONDARY	1st Quarter	●English Composition I ENG111 (3)	College Algebra MAT116or108 (5) <i>Note Prerequisites</i>	■Human Biology Bio107/108 (5)	●General Psychology I Psy121 (3)	◆Intro to Exercise Science PED250 (3)	◆First Aid & CPR PED200 (2)	Weight Training PED106 (1)		
	2nd Quarter	●English Composition II ENG112 (3)	Concepts of Total Fitness PED234 (3)	Human Anatomy & Physiology I BIO121 (5)	●General Psychology II PSY122 (3)			■Intro to Word PowerPt. & Excel BIS160 (3)		
	3rd Quarter	●English Composition III ENG113 (3)	Personal & Community Health PED236 (3)	Human Anatomy & Physiology I BIO122 (5)	Electrocardiograph for Health Care ALH130 (1)	Methods of Strength Training PED272 (2)	◆Athletic Injuries PED239 (3)			
	4th Quarter	●Interpersonal Communication COM206 (3)	Org.&Admin of Recreation,Fitness PED237 (3)	Physical Fitness Evaluation PED193 (3)	Western Civ or Am History HIS111/101 (3)	●Humanities Elective (3)				
	5th Quarter	Effective Speaking ●COM211 (3)		●Humanities Elective (3)	Western Civ or Am History HIS112/102 (3)	Principles&Method of Training I PED251 (3)				
	6th Quarter	Social Behavioral Science Elective (3)	Nutrition for a Healthy Lifestyle DIT111 (3)	Internship Exercise Science PED270 (3)	Western Civ or Am History HIS113/103 (3)	Principles&Method of Training II PED252 (3)				
# The Tech Prep Template is a MAP to Program Course Selection. Sinclair Academic Advisors will assist students with individual course selections. Templates are precise for the year stated.			Required Courses							
			Recommended Elective Courses							
			Career and Technical Education Courses							
			Credit-Based Transition Programs (e.g. Dual/Concurrent Enrollment, Articulated Courses 2+2 (+2) (◆=High School to College) (●=Com. College to 4yr. Institution) (■=Opportunity to test out)							
			Mandatory Assessments, Sinclair Academic Advising, and State of Ohio Requirements							