

DIT 1111 - Nutrition for Health & Fitness

Credit Type – Proficiency



MIAMI VALLEY
TECHPREP
CONSORTIUM

Course Description and Learning Outcomes:
https://www.sinclair.edu/course/params/subject/DIT/courseNo/1111/
Faculty Pathway Specialist(s) (Please include name, email and office hours):
David Clark, zoom link , email david.clark40112@sinclair.edu Office 14-309
Resources Needed to Offer Course (software, equipment, books [include ISBN and edition], etc. – please include any associated costs):
This course uses a diet analysis software called Cronometer, which is free and available online.
What is the ideal format for course delivery – in person, online or blended? To what extent could this course be offered online if necessary?
This course works well online or in person or a combination of both.
How is the final grade for the course determined? (Please list all required assignments, assessments, etc.)
Four quizzes required and a final exam; Assignments 3, 4, & 7 are required, the others are optional
Who is responsible for grading the required assignments and/or assessments? (Faculty or instructor?)
The high school instructor will have access to the quizzes, final, and assignments. High school teachers will also be responsible for grading and entering into the eLearn gradebook.
What is the grading scale for the course?
A: 91% - 100% B: 82% – 90% C: 75% - 81% D: 70% – 74% F: below 70 % Students must earn a C or better to earn the college credit.
Must students access the eLearn shell regularly to complete requirements?
The information is available in the eLearn shell but if an instructor chooses to administer the information and assessments outside of the shell that is acceptable.
Does the course require access to YouTube, GoogleDrive, etc.?
N/A
Additional course details or requirements important for instructors not covered above:
Instructors that are not familiar with Cronometer should plan to participate in the Cronometer orientation in the beginning of the year to be able to properly support their students in the required assignments.
Most common (or popular) degrees this course is in?
DIT.S.AAS – Dietetic Technician This course can also be applied to four year degrees in nursing, dental, and exercise science (at the discretion of the four-year institution)